

**DEPARTMENT OF GUIDANCE AND COUNSELLING
UNIVERSITY OF IBADAN**

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DEPUTY COORDINATOR: DR. SOJI AWOYEMI

Brief History of the Department

The Department of Guidance and Counselling came into being in the 1976/77 session as a result of creation of more departments in the Faculty to cater for new areas of education that were becoming important and prominent in the modern world.

Area of Specialization

The Department awards Bachelor of Education (B.Ed) in Guidance and Counselling. The programme is designed to provide students with intellectual and professional skills and competencies, which will help them to function effectively in the changing academic situation in the country.

Furthermore, the programme provides:

- a. Counselling personnel for professional work in private and public sectors.
- b. Teachers for effective teaching and learning processes

Duration

The duration of the programme is 4 years for direct entry candidate (Starting from 200 level) and 5 years for candidate with O/L (100 level).

Distribution of Courses

	Title	Units	Status
100 Level			
Faculty Courses			
TEE 141	Social Studies Methods	3	C
SPE 104	Special Education	3	C
100 Level			
Departmental Courses			
GCE 101	Psychological Foundation of Edu.	3	C
GCE 105	Fundamental of Counselling Psychology	3	C
GCE 106	Intro. to Biology of Behaviour	3	C
GCE 107	Introduction to Dev. Psychology	3	C
		24	
200 Level			
General Studies			
GES 101	Use of English	3	C
GES 105	Land Use, Agric. & Animal Hus.	3	C
GES 102 or 103 or 104, or 106 (O/L)		3	C

(NOTE: STUDENTS ARE TO DO GES 101 COMPULSORILY AND ANY ONE OTHER GES COURSE GES 103 OR GES 105 OR GES 104 OR GES 106)

Faculty Courses

GCE 203	Basic Statistics in Education Practice	3	C
GCE 204	Psychology of Learning	3	C
TEE 202	Instructional Media & Resources	3	C
TEE 205	Professional Practice I	3	C

Departmental Courses

GCE 101(DE)	Psychological Foundation of Edu.	3	R
GCE 201	Psychology of Motivation	3	R
GCE 202	Guidance through Group	3	R
GCE 205	Behaviour Modification I	3	C
GCE 206	Introduction to Clinical Psychology	3	C
Teaching Subjects (4)	Teaching Subjects	12	R

O/L - 42

DE - 48

300 Level

General Studies

GES 102, or 103, or 104, or 106 (DE)		3	C
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(NOTE: STUDENTS ARE TO DO ONE GES COURSE AT THIS LEVEL GES 102 OR GES 104 OR GES 106 OR GES 103)

Faculty Courses

GCE 302	Measurement and Evaluation in Edu.	3	C
TEE 305	Professional Practice II	3	C
TEE 353	Introductory Instructional Tech.	3	R

Departmental Courses

GCE 301	Information Collection Techniques in Guidance and Counselling	3	R
GCE 303	Psychology of Adjustment	3	C
GCE 304	Vocational Dev. and Adjustment	3	C
GCE 305	Theories of Counseling	3	C
GCE 309	Practicum	3	C
TEE	Methodology	3	C
TS(4)	Teaching Subjects	12	R
		42	

400 Levels

Faculty Courses

TEE 405	Professional Practice III	3	C
TEE 301	History & Political of Edu. in Nig.	3	R

Departmental Courses

GCE 306	Introduction to Physiological Psychology	3	C
GCE 307	Behaviour Modification II	3	R
GCE 308	Personality Disorder	3	R

GCE 403	Psychology of Nigeria Adolescent	3	C
GCE 404	Practicum in Individual and Group Counselling	6	C
GCE 410	Empirical Research Method	6	C
TEE	Methodology	3	C
TS (4)	Teaching Subjects	12	R
		45Units	

500 Level

Faculty Courses

GCE 406	Development Psychology	3	C
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Departmental Courses

GCE 401	Psychological Testing in Counseling	3	C
GCE 402	Org. and Adm. of Guidance Services	3	R
GCE 405	Academic Achievement Analysis	3	C
GCE 407	Inferential Statistics	3	C
GCE 408	Behaviour Modification III	3	C
GCE409	Culture and Psychopathology	3	C
EME 411	Educational Management Studies	3	R
		24 Units	

Summary	O/L	DE
100 level	27	-
200 level	42	48
300 level	39	42
400 level	45	45
500 level	24	24

DE - Direct Entry

Note: Direct Entry Students will start from 200Level of 5-Year Programme.

Course Details

Course Code	Course Description	Unit	Status
TEE 141	Social Studies Method The concept of integrated social studies, its structure and scope. Aims and objectives of social studies. The organization of Social Studies Programmes.	3	C
SPE 104	Special Education General orientation to the field of Special Education. Definitions, foundations, personnel, Educational implications of giftedness, emotional disturbances,	3	C

	<p>sensory and neurological impairments, respiratory disorders and other crippling conditions in children issues and trends with practical experience and guidelines to regular classroom teachers in Nigeria.</p>		
GCE 101	<p>Psychological Foundation of Education Nature and concept of modern psychology and education with greater emphasis on educational and developmental psychology, emotions, adolescence, creativity and innovation learning, motivation, virtues of formal education, development of effective study habit, principles of remembering and forgetting, and general use of psychology in educational enterprise.</p>	3	C
GCE 105	<p>Fundamentals of Counselling Psychology Students will be exposed to a panoramic survey of the meanings of counseling, guidance and psychology. An introduction to the principles and techniques of the practice of counseling with focus on counselor's characteristics, helping skills and the three domains of counseling problems namely: educational career and social-personal problems. Issues relating to guidance and counseling services in school and non-school settings will be taught.</p>	3	C
GCE 106	<p>Introduction to Biology of Behaviour Exposure to physical and chemical factors that influence behaviour and mental processes. Focus on cell as a unit of life. Neuroses the elements of behaviour, the brain, endocrine system reproductive system, cardio-vascular and immune system as they influence behavior. Transmission of heredity characteristics.</p>	3	C
GCE 107	<p>Introduction to Developmental Psychology Students will be exposed to concepts of growth, maturation, development and learning. The course aims at providing background knowledge on development of individuals from conception to the neonatal period. Effects of environment, heredity and maternal emotion on the growing child will be identified. Reflexes, principles of growth and developmental theories would be examined.</p>		

General Studies

Course No.	Title and Course Description	Units	Status
GES 101	<p>Use Of English</p> <p>An intensive, practical and skill-oriented English course specifically designed to develop essay writing skills (Organisation and logical presentation of ideas, dictation, grammar and style), functional reading skills (comprehension, analysis evaluation, logical inference and effective application, oral presentation skills and listening comprehension and note taking.</p>	3	C
GES 105	<p>Land Use, Agriculture and Animal Husbandry</p> <p>Renewable natural Resources, Farming systems in the tropics, land use, planning, conservation, principle of animal and Horticultural crop production: use of agrochemicals, seed production, storage and agricultural extension education. Principles and problems of livestock production; breed of livestock and domestic animals; animal behaviour, poultry and livestock management for egg and meat production. Pests and disease problem and, maintenance of animal health.</p>	3	C
GES 103	<p>Government, Society and Economy</p> <p>Concept and scope of psychology, research methods in psychology and life experiences. Concepts of society and the typologies of society. Politics and government, structure, nature and characteristics of government, tiers of government. Concepts of development, characteristics of developing economies, growth and development in the Nigeria economy since Independence. Man and environment, uses of human and natural resources.</p>	3	C
GES 102	<p>Culture and Civilization</p> <p>The individual, society, environment, language ethnicity, culture, dynamics of culture, change with reference to cultural and social history vis-à-vis archaeological studies. African cultural heritage and progress from earliest times to the present, with special mention of features like</p>	3	C

	farming, metallurgy trade. Urban and rural life in Nigeria will be treated in-depth. Socio-cultural and ecological problems, etc.		
GES 104	Science and Mankind Basic concepts in the sciences; history and philosophy of the methods used in scientific studies. The scientific mind, religion, traditional beliefs and science and technology, with reference to their interdependence and importance to mankind, discovery and invention. Science and politics with emphasis on scientific findings, their applications, the scientist and fate of man, science and agriculture, health, communication, transportation and industrialization.	3	C
GES 106	Philosophy and Logic An introduction to the nature of philosophy: Its scope, problems and key concepts. The nature and scope of logic. Laws of thought as aids to rational inquiry and their roles in the formation of arguments. The roles of logical statements, logical equivalence and conditional statements and their definition in symbolic logic. The rules of inference and their application in the evaluation of deductive arguments.	3	C

Faculty Courses

Course No.	Title and Course Description	Units	Status
GCE 203	Basic Statistics in Educational Practice The nature and concept of behavioural statistics and its use in Education. Descriptive statistics in Educational practices including the use of and rules of summation, frequency distributions, measures of central tendency, dispersion, correlation and regression co-efficients. The normal curve and skewed distributions, Test Scales and Norms and the use of statistics in handling composite scores including item statistics in validity and reliability of psycho-educational assessment practices.	3	Pre-requisite to GCE 407 C
GCE 204	Psychology of Learning This course is geared towards introducing the students to the concept of learning, and	3	C

	factors affecting learning. It is also concerned with highlighting the various mental processes associated with human learning. Special emphasis will be laid on higher intellectual functioning processes associated with cognition, perception and recall. The role of reinforcement in the process of learning will be studied and its application to the learning-teaching situation highlighted.		
TEE 202	Instructional Media and Resources Explanation of the concept of educational technology. The development of communication during stone Age, Greek and Roman period, Renaissance period, chalk and talk period, Audio-Visual era and modern communication era. Theory and practice in the production and use of various media. The use of local materials. Improvisation.	3	C
TEE 205	Professional Practice I For at least some of the students this is an initiation into the institutional and instructional dimensions of teaching as a profession. All students concerned learn how to teach particular subjects, manage a classroom, and perform other functions of a good and professionally qualified teacher.	3	C

Departmental Courses

GCE 101 (DE)	Psychological Foundations of Education Application of psychological principles to clarify the nature, conditions, outcomes and evaluations of learning and retention, psychology and the improvement of the learner, the teacher, the curriculum process and teaching effectiveness of psycho-educational assessment and counselling.	3	R
GCE 201	Psychology of Motivation An introduction to the psychology of motivation; implications for education and guidance theories and practices.	3	E
GCE 202	Guidance Through Groups An introductory experience in preparing students to work with groups' participation in on-going group laboratory experiences by class members for self growth and development. It also includes an overview of various groups' formation and process.	3	R
GCE	Behaviour Modification I	3	C

205	Definition, genesis, nature and concept of behaviour including the way socially desirable behaviours are acquired in the human organism. Misconception about behaviour modification. Behaviour modification in Africa and a broad introduction to the way in which human organisms could be helped through the scientific analyses and management of behaviour modification with special reference to history, methodology and content, including practicum experiences with clients in related settings. C & P to GCE 408		
GCE 206	Introduction to Clinical Psychology The history and scope of clinical psychology with emphasis on the functions and research methods.	3	C
T.S.	Teaching Subject (4)	12	R
	Total Units	42	

General Studies

GES 104	Science and Mankind Basic concepts in the sciences; history and philosophy of the methods used in scientific studies. The scientific mind, religion, traditional beliefs and science and technology with reference to their independence and importance to mankind, discovery and invention. Science and politics with emphasis on scientific findings, their applications, the scientist and fate of man, science and agriculture, health, communication, transportation and industrialization.	3	C
GES 105	Land Use, Agriculture and Animal Husbandry Renewable natural Resources, Farming systems in the tropics, land use, planning, conservation, principle of animal and Horticultural crop production: use of agrochemicals, seed production, storage and agricultural extension education. Principles and problems of livestock production; breed of livestock and domestic animals; animal behaviour, poultry and livestock management for egg and meat production. Pests and disease problem and, maintenance of animal health.	3	C
GES	Government, Society and Economy	3	C

103	Concept and scope of psychology, research methods in psychology and life experiences. Concepts of society and the typologies of society. Politics and government, structure, nature and characteristics of government, tiers of government. Concepts of development, characteristics of developing economies, growth and development in the Nigeria economy since Independence. Man and environment, uses of human and natural resources.		
GES 106	Philosophy and Logic An introduction to the nature of philosophy: Its scope, problems and key concepts. The nature and scope of logic. Laws of thought as aids to rational inquiry and their roles in the formation of arguments. The roles of logical statements, logical equivalence and conditional statements and their definition in symbolic logic. The rules of inference and their application in the evaluation of deductive arguments.	3	C

Departmental Courses

GCE 301	Information Collection Technique in Guidance and Counselling Introduction to Educational Vocational and community information resources: Identification, collection, evaluation, classification and utilization of information in guidance.	3	R
GCE 302	Measurement & Evaluation in Education Practice A broad spectrum measurement and evaluation course in Education including test design, construction, administration and test score interpretation involving the use of intelligence. Aptitude, achievement tests and personality inventories plus non-test assessment tools like the interview and observational strategies. Measurement is treated as the scientific base for decisions to be made (Evaluations) on the pupils, curriculum effectiveness and adequacy of learning, environments.	3	C
GCE 303	Psychology of Adjustment An introduction to personality theories, dynamics and interpersonal relationships	3	C

	appraisal will be laid on interpersonal conflicts and their management.		
GCE 304	Vocational Development & Adjustment Theories of vocational choice, emphasis on the contributions of psychology, sociology and economics to the understanding of the processes and determinants of vocational choice and adjustment.	3	C
GCE 305	Theories of Counselling An overview of the theories of counselling and psychotherapy. The psycho-analytic approach, Behavioural, Humanistic, phenomenological, rational and eclectic approaches will be considered. The mind and body approaches and the Traditional approaches will be discussed. An overview of various techniques of counselling with youths and adult.	3	C
GCE 309	Practicum Practical experience in individual and group guidance counselling emphasis on analysis of cases, role playing, video-taping of actual counselling and counselling in appropriate environment. C & P to GCE 404	3	C
TEE 305	Professional Practice II Further practical experience on how to teach particular subjects, manage a classroom, and perform the other functions of a good teacher, Pre-requisite TEE 205	3	C
TEE 353	Introductory Instructional Technology Explanation of the concept of instructional technology. Instructional systems. Programmed instruction – origins, characteristics and paradigms. Educational media and presentation variables. Systems approach to teaching and learning procedure. Instructional Technology and national Development.	3	R
T.S.	Teaching Subject (4)	12	R
	Total	39	

Faculty Courses

TEE 405	Professional Practice III Further practical experience on how to teach particular subjects, manage a classroom, and perform the other functions of a good teacher, Pre-requisite TEE 205	3	C
TEE 301	History and Policy of Education in Nigeria This course examines the nature and practice of education in the preliterate Nigerian society and the contributions of Islamic education. It treats in detail, the development of western formal education with special reference to the roles of the missionaries and the impact of colonial educational ordinances and educational development. An analysis of the post-independence development and reforms of education at all levels are also discussed especially the current National Policy on Education: its evolution, implementation, problems, and implications for future national development.	3	R

Departmental Courses

GCE 306	Introduction to Physiological Psychology	3	C
GCE 307	Behaviour Modification II In-depth knowledge of the theoretical basis of behaviour therapy. Reinforcement principles. Behavioural contingencies, Behavioural Assessment, Behavioural changes methods and clinical applications in the school, hospital, industry and prisons. Systematic practicum oriented course in operant modelling, stimulus controlling, self-control and self management therapies in the schools, the industry and prisons.	3	C

GCE 308	Personality Disorders Analysis of the more serious behavioural disorders as found in the major forms of character disorders, psychoneuroses and psychoses. Introduction to the theories of causation, development and effects of anxiety and defence mechanisms interpretation of Symptoms C & P to GCE 404	3	R
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GCE 403	Psychology of Nigerian Adolescents General survey of the concepts of adolescents, including a broad consideration of the adolescent adjustment behavioural problems as he grows toward adulthood in Nigeria. Counselling strategies for handling adolescent adjustment behaviour problems.	3	C
GCE 404	Practicum in Individual and Group Counselling Counselling will be in the three problem areas, personal, vocational. The practicum may not be in the school setting alone, rather it will be with persons of varying age groups and setting to help the counsellor learn to adapt to varying conditions. It will include taping or video taping of sessions. Simulated and actual counselling experiences.	6	C
GCE 410	Independent Study (Empirical Research Method Project) The student selects a topic or designs a project in Guidance and counselling and prepares a write-up for submission towards the second-half of the second semester. He can consult any of his/her lecturers for advice during the write-up.	6	C
T.S.	Teaching Subjects (4)	12	R
TEE	Methodology	3	C

Faculty Courses

GCE 406	Developmental Psychology (for GCE and TEE students) In-depth general principles of development from prenatal periods through birth, adulthood and the implication for educational practice. The role of heredity, environment and situational factors in development will be critically examined.	3	C
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Departmental Courses

GCE 401	Psychological Testing in Counselling Use of psychological tests (with emphasis on individual test) in counselling. Selection, administration, scoring, interpretation, reporting and the development of intellectual vocational and educational diagnostic and educational	3	C
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	diagnosis personality tests.		
GCE 402	Organisation and Administration of Guidance Services in Schools Programme development in Guidance and issues in the administration of such programme in schools.	3	R
GCE 405	Academic Achievement Analysis Analysis of societal, school, family and student determinants of academic performance and survey of remedial approaches	3	C
GCE 407	Inferential Statistics in Educational Psychology Linking of elementary statistical concepts to advanced statistical computations. Drawing inferences from results of statistical analysis and the role of statistical inferences in educational and psychological decision making.	3	C
GCE 408	Behaviour Modification III Systematic practicum-oriented course in operant modelling, stimulus, controlling, self-control and self management therapies in the school, industry and prisons.	3	C
GCE 409	Culture and Psychopathology Analysis of Nigerian sub-cultures and their associated psycho-pathological implications. Introduction to cross-cultural counselling.	3	C
EME 411	Educational Management Studies		
	Total	30	