

**UNIVERSITY OF IBADAN**  
**DISTANCE LEARNING PROGRAMME**  
**DEPARTMENT OF PSYCHOLOGY**

The committee set up by the Department to draw up courses for distance learning programme comprise of the following members:

1. Dr. B.O. Olley
2. Dr. G.A. Adejuwon
3. Mr. P.O. Olapegba
4. Dr. J.O. Ekore
5. Dr. N.A. Shenge
6. Dr. C.O. Chovwen

The committee member met thrice to consider the courses to be included in the programme. This was done both at the Diploma and Bachelor of Science levels and the following recommendations were made.

**Objective**

This programme is designed to introduce students to the biological basis of behaviour, Quantitative methods in Psychological Research, Survey of Social Psychological Concepts, Human Development, Clinical Psychology and overview of major concepts and theories. Application of Psychological principles to industrial phenomena among other topics.

**Minimum Entry Requirements**

5 O'level credits including English and Mathematics at one sitting or 6 O' level credits including English and Mathematics at two sittings.

**Duration**

B.Sc. programme will run for five/four years.

**Graduation Criteria for B.Sc. Psychology**

1. To earn a degree, all compulsory courses must be taken and passed.
2. (a) all courses taught during each semester shall be examined at the end of that semester and candidates will be credited with the number of course units assigned to the course which they have passed.  
(b) in addition, the total number of units taken with the grades obtained in each course shall be recorded for the purpose of computing the cumulative grade point average (CGPA).
3. Continuous assessment may be regarded as part of course examination, but marks scored through continuous assessment shall not constitute more than 30% of the full marks of the course.
4. the approved period of study for the award of the degree shall not normally be less than 8 semester for the 4-year programme and 10 semester for the 5-year programme.
5. No student may normally offer less than 15 course units in any one semester.

6. (i) The weighted grade points shall be used for determination of the class of degree.
- (ii) The cumulative grade point average system shall be used for the determination of the class of degree.
- (iii) The minimum number of course units for the award of a degree shall be 120 for the 5 year programme and 90 units for the 4 year programme
- (iv) An honours degree in a psychology for 4 year programme shall be awarded only if the candidate meets the following requirements:

*4 year programme*

- a. passes at least 6 course units (including compulsory courses) at the 200 level in the department;
- b. passes at least 12 course units (including compulsory courses) at the 300 level in the department
- c. passes at least 15 course units (including compulsory courses) at the 400 level in the department
- d. passes at least 21 course units (including compulsory courses) at the 500 level in the department.

*5 year programme*

- a. passes at least 6 course units (including compulsory courses) at the 100 level in the department;
- b. passes at least 9 course units (including compulsory courses) at the 200 level in the department
- c. passes at least 12 course units (including compulsory courses) at the 300 level in the department
- d. passes at least 21 course units (including compulsory courses) at the 400 level in the department.
- e. passes at least 24 course units (including compulsory courses) at the 500 level in the department.

*External 4years*

- a. passes at least 12 course units in other discipline/department at 200 and 300 levels
- b. passes at least 9 course units in other discipline/department at 400 and 500 levels

*External 5years*

- a. passes at least 3 course units in other discipline/department at 100 levels
- b. passes at least 21 course units in other discipline/department at 200 and 300 levels
- c. passes at least 9 course units in other discipline/department at 400 and 500 levels.

For the award of a pass degree, the candidate must obtain 120 course units and also pass all the compulsory courses specified by the department.

A student who has taken more than one academic year in excess of the approved minimum period of study to complete the degree programme shall not normally be eligible for an honours classification

The maximum period for an honours degree shall be 10 semesters

That the B.Sc. courses be maintained as follows (exactly as it appears in the Department of Psychology Brochure):

**Year One**

<b>Course Code</b>	<b>Course Title</b>	<b>Units</b>	<b>Status</b>
PSY 101	Introduction to Psycho-biological Basis of Behaviour	3	C
PSY 102	Introduction to Personality, Social and Life Span	3	R
PSY 103	Quantitative Methods in Psychology	3	C
PSY 105	History of Experimental Psychology	3	R

**Year Two****General Studies**

<b>Code</b>	<b>Course Title</b>	<b>Units</b>	<b>Status</b>
GES 101	Use of English	3	C
GES 104	Science and Mankind	3	C

<b>Course Code</b>	<b>Course Title</b>	<b>Units</b>	<b>Status</b>
PSY 201	Learning Process	3	R
PSY 202	Abnormal Psychology	3	C
PSY 205	Developmental Psychology	3	C
PSY 206	Social Psychology	3	R
PSY 207	Physiological Psychology	3	C
PSY 209	General Experimental Psychology	3	C
PSY 224	Psychopathology of Deviant Behaviour	3	R
PSY 225	Rehabilitation Psychology	3	E
PSY 226	Personality: Theories and Assessment Techniques	3	R
PSY 227	Theories of Deception	3	E
PSY 282	Systems in Social Psychology	3	E
PSY 292	Industrial and Personnel Psychology	3	C

**Year Three****General Studies**

GES 105	Agriculture, Land Use and Animal Husbandry	3	C
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<b>Course Code</b>	<b>Course Title</b>	<b>Units</b>	<b>Status</b>
PSY 384	Research Methods in Psychology	3	C
PSY 386	Group Psychological Processes	3	R
PSY 387	Social Psychology of Race and Ethnic Group Relations	3	R
PSY 307	Psychological Aspects of Disability	3	E
PSY 308	Psychology of Substance Abuse	3	R
PSY 310	Physiological Psychology II	3	R
PSY 311	Sensory Process	3	E
PSY 313	Comparative Psychology	3	R
PSY 316	Human Memory	3	R
PSY 318	Child Psychopathology	3	R
PSY 319	Statistical Methods in Psychology	3	C
PSY 322	Clinical Psychology	3	C

**Year Four**

<b>Course Code</b>	<b>Course Title</b>	<b>Units</b>	<b>Status</b>
PSY 423	Personality Assessment	3	R
PSY 428	Language and Thought	3	E
PSY 429	Perception	3	R
PSY 483	Psychology of Women	3	E
PSY 484	Research Methods Psychology	3	C
PSY 485	Psychology of Social Work and Social Welfare	3	E
PSY 494	Motivation in the World of Work	3	R
PSY 401	Correctional Psychology	3	R
PSY 402	Psychology of Adolescence	3	R
PSY 405	Further Statistical Methods in Psychology	3	R
PSY 409	Psycho-biological Study of Behaviour	3	C

**Year Five**

<b>Course Code</b>	<b>Course Title</b>	<b>Units</b>	<b>Status</b>
PSY 503	Psychological Testing and Test Construction	3	C
PSY 512	Practicum in Psychotherapy	3	R
PSY 513	Health Psychology	3	R
PSY 536	Social Perception	3	R
PSY 562	Psychology of Union Mgt. Relations	3	E
PSY 584	Motivation, Feeding and Emotion	3	R
PSY 586	Attitude	3	R
PSY 588	Psychology Aspects of Leadership	3	E
PSY 594	Advanced Experimental Psychology	3	R
PSY 596	Organizational Psychology	3	R
PSY 598	The Psychology of Human Performance	3	R
PSY 599	Honours Project	6	C

**Course Details**

<b>Course code</b>	<b>Title and Description of Course</b>	<b>Units</b>	<b>Status</b>
PSY 101	<b>Introduction to Psycho-Biological Basis of Behaviour:</b> An elementary introduction to psychological, biological basis of behaviour. Topics covered include basic units of the nervous system hierarchical, structure of brain, sensory processes, consciousness and visual sensory processes, consciousness an visual sensation auditory, and chemical fundamentals of motivation.	3	C
PSY 102	<b>Introduction to Personality, Social and Life Span:</b> Human information processing memory theories of Personality Measurement of personality. Life span psychology.	3	R

PSY 103	<b>Quantitative Methods in psychology:</b> Application of quantitative methods in psychological research. Probability. Descriptive statistics. Data generation, data analysis. Fundamentals of Statistical inference.	3	C
PSY 105	<b>History of Experimental Psychology:</b> A survey of the origin of modern psychology within science including Modern psychology within philosophy founding of experimental psychology. Influence of Africa and other countries. German, Great Britain, America and Russia in psychology. Later trends in modern Experimental Psychology including design and performance in psychology.	3	R

### General Studies

GES 101	<b>Use Of English</b> An intensive, practical and skill-oriented English course specifically designed to develop essay writing skills (Organisation and logical presentation of ideas, dictation, grammar and style), functional reading skills (comprehension, analysis evaluation, logical inference and effective application, oral presentation skills and listening comprehension and note taking.	3	C
GES 104	<b>Science and Mankind</b> Basic concepts in the sciences; history and philosophy of the methods used in scientific studies. The scientific mind, religion, traditional beliefs and science and technology with reference to their independence and importance to mankind, discovery and invention. Science and politics with emphasis on scientific findings, their applications, the scientist and fate of man, science and agriculture, health, communication, transportation and industrialization.	3	C
PSY 201	<b>Learning Processes:</b> An introduction to the experimental analysis of learning processes both in animals and man. Topics to be covered are conditioning (classical and instrumental) the S.R. paradigm, the role of reinforcement and continuity in learning: cement and continuity in learning: cognitive approaches to learning problems.	3	R
PSY	<b>Abnormal Psychology:</b> Emphasis will be	3	

202	on the common types, causes, diagnostic characteristics and treatments of mental disorders observable in the Nigerian and other cultures. Minor and serious types of mental and personality disturbances as illustrated by cases.		
PSY 205	<b>Developmental Psychology:</b> Survey of theory and research on the developing child between conception adolescence. An appraisal of the theoretical models of Freud. Erikson Priaget. Analysis of issues relevant to cognitive and social development of the Nigerian child. Observation of children.	3	C
PSY 206	<b>Social Psychology:</b> An introductory survey of social psychological concepts. The influence of group processes, and social interactions organizational variable and culture upon the social modifications of basic drives, attitudes social perception, and group structures. Analysis of the socio-psychological fabric which knits Africa societies together.	3	R
PSY 207	<b>Physiological psychology I:</b> the internal environment the cell as the unit of life: the endocrine system: generic considerations. Basic neuro anatomy, neural control of environment.	3	C
PSY 209	<b>General Experimental Psychology:</b> This course is designed to train students to do experimental psychological research. Topics to be covered include variables in psychological experiments, methods, operationalization, control, basic steps in experimental research reports, laboratory and field research.	3	C
PSY 224	<b>Psychopathology of Deviant Behaviour:</b> Theories and contemporary conceptions of deviant behaviour in adult and children. Analyses of problems of deviance on a socio-psychological scale and in-dept study of some deviant behaviour patterns. A critical analysis of the concept of mental illness and criminal responsibility. Psychopathic personality, alcoholism and drug addition, suicide and prostitution would also be covered.	3	R
PSY 225	<b>Rehabilitation Psychology:</b> The course deals with the problems of rehabilitation, crisis intervention, behaviour modification, value clarification assertiveness training	3	E

	philosophical guidelines for rehabilitative counseling and ethnical consideration in rehabilitation.		
PSY 226	<b>Personality: Theories and assessment Techniques</b> - Overview of the major theories of personality and their implication for psychoanalytic, intervention, psychotherapeutic, existential humanistic, behavioural, transactional analysis and Gestalt Schools included.	3	R
PSY 227	<b>Theories of Deception:</b> Theories and findings in the area of perception with special emphasis on structuralism S.R. behaviourism, Gestalt, psychology, perceptual learning probabilistic functionalism and cognition literature from African countries of studies using African countries of studies using African subjects are reviewed.	3	E
PSY 282	<b>Systems in social Psychology:</b> Major theories and systems in social psychology are considered. The influence of other psychological theories on social psychology as well as recent trends in Social psychological theorizing are extensively considered.	3	E
PSY 292	<b>Industrial and Personnel Psychology:</b> Psychology as applied to business and industry. Major area of industrial psychology such as procedures; and human factors research. Individual social psychology with respect to motivational and organizational research and theory.	3	C

### General Studies

GES 105	<b>Land use, Agriculture and Animal Husbandry</b> Renewable natural resources. Farming systems in the tropics, land use, planning conservation, principles of animal husbandry and horticulture, crop production, use of agricultural extension education principles and problems of livestock production, breed of livestock and domestic animals, animal behaviour. Poultry and diseases, problem and maintenance of animal health.	3	C
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PSY 386	<b>Group Psychological Processes:</b> Motivation leadership, communication	3	R
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	and behavioural contagion in the initiation and maintenance of mass behaviour including panics, riots, social and political movements.		
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PSY 384	<b>Research Methods in Psychology</b> Examination of the main approaches to social psychology research. Demand characteristics of interest in this course. Ethics of human experimentation.	3	C
PSY 387	<b>Social Psychology of Race and Ethnic Group Relations:</b> Methods, problems theories and empirical data of psychology in the area of ethnicity, race and culture as these factors interact with personality development, cognition, pathology. Laboratory investigation required.	3	R
PSY 307	<b>Psychological Aspects of Disability:</b> The course analysis types of disability (Physical and Emotional) and society's view of disability referral programmes and placement for disabled. Also considered is the helping team – the role of the Psychologist, practical field experience is highly recommended.	3	E
PSY 308	<b>Psychology of Substance Abuse:</b> The course discussed the diagnosis of alcoholism and also the diagnosis of drug addiction. It treats the rehabilitation of the drug addict. The course also examined various stages of alcoholism, drug types and psychological problems associated with them.	3	R
PSY 310	<b>Physiological Psychology II:</b> Psychological Psychology of motivation, learning, memory and consciousness. Adjustment to stress. Effect of drugs on behaviour.	3	R
PSY 311	<b>Sensory Process:</b> Laboratory in sensory processes. Review of sensory mechanism in vision and audition. Analysis of the structure of sensation as it is determined by Psychological encoding mechanisms. Laboratory experience include frequency analysis, pitch perception, colour vision, threshold measurement and adaptation.	3	R
PSY 313	<b>Comparative Psychology:</b> Comparative analysis of the behaviour of animals with	3	R

	emphasis on learning and conceptual tasks in laboratory situations. Ethnology. Comparison of ethnological and laboratory studies of animal behaviour. Genetics and acquired behaviour patterns, critical period phenomenon, bat shyness. The concept of reinforcement in comparative psychological. Social behaviour – social cohesion, social dispersal; mechanisms under lying these phenomena.		
PSY 316	<b>Human Memory:</b> Major variable and tasks in acquisition of verbal material, method and theory in acquisition: Long and short-term memory, theoretical relationship between long and short term memory (models of memory) Non memory. Artificial memory.	3	R
PSY 318	<b>Child Psychopathology:</b> As assessment of the major forms of childhood disturbance, issues, theory and research. Assessment of behaviour from a psycho-analytical point of view: Case history reviews, laboratory experience will be emphasized.	3	R
PSY 319	<b>Statistical Methods in Psychology:</b> Review descriptive statistics, inferential statistics technique of hypothesis testing: hypothesis testing inferences and the mean of population; Chi square, the Phi-Coefficient and the contingency coefficient. Analysis of variance; linear correlation – the Pearson product – moment correlation coefficient. The Wilcoxon test; the Mann Whitney U test.	3	C
PSY 322	<b>Clinical Psychology:</b> A survey of the history, practice and theoretical foundations of clinical psychology, differential diagnosis, treatment. The role of the clinical psychologist in community mental and health delivery.	3	C

PSY 423	<b>Personality Assessment:</b> The course exposes the students to tools used by clinicians in their practice. Emphasis will be placed on projective techniques and personality inventories and assessment approaches.	3	R
PSY 428	<b>Language and Thought:</b> The structure and function of language. Language and	3	E

	information processing. Theories of first language acquisition: the learning theorists' approach. Second language learning and bilingual information processing. Language and thinking: The Whorfian view, the Piagetian view.		
PSY 429	<b>Perception:</b> Man's knowledge of the world around him, basic sensory processes, organization and differentiation of precepts, effects of culture, experience and personality on perception of physical and social world. Laboratory investigation of basic perceptual phenomena.	3	R
PSY 483	<b>Psychology of Women:</b> A study of the personality of women. An examination of the biological differences, and socio-psychological and cultural factors. Mortality rates of women, role participation and women's liberation movement, mental abilities, women and career. Women and family are among some of the special topics covered.	3	E
PSY 484	<b>Research Methods in Psychology:</b> Examination of the main approaches to social psychology research. Demand characteristics of interest in this course. Ethics of human experimentation.	3	C

PSY 485	<b>Psychology of Social Work and social Welfare:</b> An assessment of the role of voluntary organizations in the provision of social services in Nigeria. Case Study approach in social welfare. The course aims to familiarize students with social work and social welfare services in Nigeria. The various divisions of social welfare services in Nigeria.	3	E
PSY 494	<b>Motivation in the World of Work:</b> What factors motivate the Nigerian worker, relationships among motivation, satisfaction, organizational behaviour. Motivational influences on motivational intervention, survey and evaluation.	3	R
PSY 401	<b>Correctional Psychology:</b> The course considers the nature and methods of criminal behaviour control. Formulation of law – police and police work. Sentencing and prison experience. Theories of punishment. Current penal	3	R

	system. Psychological approach to control reviewing both psychotherapeutic and behavioural methods as well as social context of control.		
PSY 402	<b>Psychology of the Adolescence:</b> A short empirical study of the characteristics, needs and problems of adolescence. Special emphasis on honours research relative to adolescent development in Nigeria and Africa.	3	R
PSY 405	<b>Further Statistical Methods in Psychology:</b> Review of the general strategy of inferential statistics. Partial and multiple correlation. The individual items (Kuder-Richadson and Hoyt) Kruskal-Wallis 4 test. Friedman, 2 way analysis of Variance.	3	R
PSY 409	<b>Psycho-biological Study of Behaviour:</b> Advanced analysis of Neural behaviour for final year students expected to design and participate in experiments centered on Neural behaviour, brain, neural interactions. Nerve, cells, synaptic mechanisms. E.E. G. Brain response and sleep patterns.	3	C
PSY 410	<b>Clinical Psychology II:</b> An advanced and integrative study of the nature and methods of clinical psychology, topics covered include psychological dysfunctions: mental disorders and behaviour pathology and the psychotherapies. The course embraces supervised clinical (practical) experience.	3	R

PSY 503	<b>Psychological Testing and Test Construction</b>	3	C
PSY 512	<b>Practicum in Psychotherapy:</b> Theoretical and practical instruction in psychotherapeutic intervention techniques. Topics include the initial interview development of the therapeutic relationship and termination. Supervised practical experience.	3	R
PSY 513	<b>Health Psychology:</b> Psychological approaches to illness, personality and disease-relationship between psychological variable and disease process (hypertension, pain coronary heart disease and other psychosomatic	3	R

	illness). Stress and illness: coping with stress.		
PSY 536	<b>Social Perception:</b> Characteristics of the perceiver, the observer and intentional processes. Relations of perceptual, cognitive and personality theory to social perception: the nature of cognitive work. Attribution of responsibility will receive emphasis.	3	R
PSY 562	<b>Psychology of Union Management Relations:</b> Basic issues concerning industrial conflicts and the role of social and industrial psychology in the development and maintenance of industrial harmony.	3	E
PSY 584	<b>Motivation, Feeling and Emotion:</b> Experimental findings in psychological and allied fields on topics of motivation feeling, emotion evaluation of classical theories and an attempt to develop theoretical approach based on empirical knowledge. The role of internal and external factors in arousing guiding and maintaining behaviour.	3	R
PSY 586	<b>Attitude:</b> Nature and significance of attitudes opinions beliefs. Structure and functions of attitudes. Methods of attitude change.	3	R
PSY 588	<b>Psychological Aspects of Leadership:</b> Problems of Leadership; functions and duties of leaders executives. Survey and methods of study utilized to train and select leaders.	3	E
PSY 594	<b>Advanced Physiological Psychology:</b> The course covers major issues and theories in physiology. Requirements will include seminars review of literature and review of issues and theories.	3	E
PSY 595	<b>Supervised Advanced Experimental Psychology:</b> The course is designed to afford the advanced student an opportunity to put into practice learning acquired in previous statistic and research methods.	3	R
PSY 596	<b>Organizational Psychology:</b> Application of principle of social psychology to individual phenomenal. Parameters of organization and criteria of effectiveness. Profitability, morale. Classical theories of organization. Theory	3	R

	and application of power interaction conflict and decision to industrial corporations and unions.		
PSY 598	<b>The Psychology of Human Performance:</b> Application of psychological methods and principle of man-machine systems, man's capabilities and limitation as an element in the system. Performance appraisal, research and problems.	3	R
PSY 599	<b>Honours Project:</b> May be based on empirical or field systematic research on an approved topic or theme within psychology.	6	C